



Every minute
16 people
around the world
die
from starvation

These deaths are preventable.



In the United States,
1 in 6 families
struggles with hunger

This problem can be solved.

Hunger is the world's #1 health risk. Hunger kills more people than AIDS, malaria and tuberculosis combined. 1 in 7 people in the world live with daily hunger. 1 in 3 children are starving right now and 15 million children die from starvation every year. 98% of the hungry people in the world live in developing countries, but even in the United States, 14.5 % of households are "food insecure". (UN, WFP, USDA,) Hunger-related issues spill over into struggles with housing, safety, education, mental health, spirit, community: all aspects of life.

But there *is* enough to feed everyone.

Harvest Pack has provided millions of meals to hungry and starving people in the United States and throughout the world. We have millions more to feed, but **there is enough food** to do it. Poverty and lack of ability to access food are significant barriers to ending hunger, but **Harvest Pack** works to overcome those barriers. We only need **YOUR help** to make it happen!



It is possible to end hunger, here and now.
Volunteer. Donate. Make a difference.

Thank you!



HARVEST PACK
P.O. Box 17315
Minneapolis, MN 55417
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HARVEST PACK

Bringing healthy food
to the tables of those in need,
with the help of volunteers who care

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Who we are:

Harvest Pack is a registered 501c(3) non-profit organization devoted to ending starvation throughout the world. Our mission is to bring nutritious food to the tables of those in need, with the help of people who care. We are just like you: ordinary people with a simple plan and big dreams. We are inspired by the relief on the face of a mother feeding her child,. We are inspired by the sounds of healthy children playing. We are inspired by your passion and determination.

What we do:

We bring people together. The task is simple: gather people for a few hours to pack food. The cost is low: only 23 cents per meal. But the result is incredible: **your efforts save lives.**

How we do it:

Harvest Pack comes to you! Whatever your community, workplace, school, place of worship or social club. And wherever you are located across the United States and Canada. You gather the volunteers and **Harvest Pack** will be there. For just 23 cents per meal, we provide everything your organization needs to pack up nutritious meals for people in need. And then **Harvest Pack** will send the meals you pack to our feeding partners in the U.S. and around the globe.

Why we do it:

Because with your help...
...hunger ends here and now.

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What can you do?

Do you have a little time?
23 cents to spare?

Then you can make a difference.

100% of **Harvest Pack** meals are packed by *volunteers!* It is YOUR energy, YOUR enthusiasm, and YOUR hard work that have provided millions of meals to hungry people. It is YOU who will feed millions more.

So what can you do?

Donate!

23 cents feeds a child a healthy meal.
\$1.61 feeds a child for a week.
\$6.44 feeds a child for a month.
\$84 feeds a child for a year.

Host an event in your community!

Contact **Harvest Pack** about hosting a food packing event in your community. Packing events are high energy fun and a powerful, hands-on opportunity be a part of something meaningful. There is no feeling like working together for the good of others.



As individuals
we are capable...

...as community
we are unstoppable.

Our Food

Each **Harvest Pack** contains six servings of a vitamin-packed, protein-rich meal that can be prepared with boiling water, and mixed to taste with local spices. The rice ingredient is the most recognized food on earth, and the pack is vegan, it can be used by all cultures around the world.

- A portion of **Harvest Pack** meals are sent overseas: Haiti, Guatemala, Tanzania, and the Philippines receive regular shipments of food.

- **Harvest Pack** is also committed to the local community with regular donations to shelters and food shelves within your local community and others throughout the United States.



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23 cents provides a vitamin-rich meal to a hungry child.