

# Proposed Program

## 1. Course: Basic Kitchen and Kitchen Stewarding

Duration: 30 Days to 45 Days

Target Group: Youth between 18-30

Tuition Fee: Rs. 65000

Job Offerings at Pokhara: Hotel and Restaurants kitchen salary ranging from Rs.8000 to 18000 depending on the business profile.

Goal: Equip participants with basic skills in hospitality sectors to enhance employability in hotels, restaurants, and care services.

### Week 1: Introduction and Orientation

- Day 1:- Orientation to Hospitality Industry, Job Roles, and Opportunities.
- Day-2:- Preparing participants for kitchen stewarding and basic kitchen helper job roles.
- Day 3-5: Soft Skills (Communication, Professionalism, Teamwork).

### Week 2: Skill-Specific Training

- Food hygiene, basic kitchen setup, washing, and maintaining utensils.

### Week 3: Practical Training

- Hands-on practice in dishwashing, food prep assistance (Cutting, Storing, Inventory, etc.

### Week 4: Assessment and Career Guidance

- Final Assessments: Practical evaluation of acquired skills.
- Job Search Support: Resume building, job interview preparation, links to job opportunities.

## 2. Basic Housekeeping with childcare/ Age care

Duration: 30 days to 45 days

Target Group: Youth between 18-30

Tuition Fee: Rs. 55000

Job Offerings at Pokhara: Hotel and private house in Pokhara for the age care and child care support. Salary ranging from 15000 to 25000 per month depending on the skills and availability.

Goal: Equip participants with basic skills in hospitality sectors elaborating services in health care of children and aged care with housekeeping.

Week 1: Introduction and Orientation

- Day 1-2: Orientation to Hospitality Industry, Job Roles, and Opportunities.
- Day 3-5: Soft Skills (Communication, Professionalism, Teamwork).

Week 2: Skill-Specific Training

- Housekeeping and Childcare/Aged Care: Cleaning techniques, sanitation, laundry, and care responsibilities.

Week 3: Practical Training

- Housekeeping: Live demos in guest rooms, care environments.

Week 4: Assessment and Career Guidance

- Final Assessments: Practical evaluation of acquired skills.
- Job Search Support: Resume building, job interview preparation, links to job opportunities.

# 3. Service and Housekeeping

Duration: 30 Days to 45 Days

Target Group: Youth between 18-30

Tuition Fee: Rs. 75000

Job Offerings at Pokhara: Hotel and Restaurants kitchen salary ranging from Rs.15000 to 18000 depending on the business profile.

Goal: Equip participants with basic skills in hospitality sectors to enhance employability in hotels, restaurant.

## Week 1: Introduction and Orientation

- Day 1-2: Orientation to Hospitality Industry, Job Roles, and Opportunities.
- Day 3-5: Soft Skills (Communication, Professionalism, Teamwork).

## Week 2: Skill-Specific Training

- Room setup, cleaning standards, and service etiquette.

## Week 3: Practical Training

- Simulated practice of serving guests, cleaning procedures.

## Week 4: Assessment and Career Guidance

- Final Assessments: Practical evaluation of acquired skills.
- Job Search Support: Resume building, job interview preparation, links to job opportunities.

Note: All courses are provided professional certificate, life long alumni support for new job and career with immediate job search support and facilitation.

